

RONIN TACTICAL FITNESS
RONINTACTICALFITNESS.COM **(516)887-3746**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00AM						
10:00 AM	RONIN HIIT KICKBOXING					
11:00AM	KIDS MUAY THAI					
12:00PM	BOXING FUNDAMENTALS					
1:00PM						
5:00PM						
6:00PM		RONIN HIIT BOOTCAMP	KIDS BOXING	ALL LEVELS MUAY THAI	BOXING FUNDAMENTALS	
7:00PM		ALL LEVELS KICKBOXING	ADVANCED BOXING	KIDS BOXING	ALL LEVELS KICKBOXING	
8:00PM			ALL LEVELS KICKBOXING	ALL LEVELS KICKBOXING	ALL LEVELS BOXING	

